

Staffordshire Health and Wellbeing Board – 10 December 2020

APPENDIX 1

Proposed Scope of the new Staffordshire Joint Mental Health Strategy (2021-2025)

Age Range

1. It is proposed that the new Strategy takes an All Age approach, to ensure a level of continuity across a life-time approach with a seamless transition taking place at relevant key stages of an individual's life, for example as young people become adults.
2. The All Age approach will include a section for the mental health of Older People and/or Frail Elderly. This section will include relevant reference to conditions such as Dementia, noting that Dementia is not a condition exclusive to Older People.
3. Whilst an All Age approach is deemed to be the most appropriate to be taken, to ensure consistency of information and to prevent either duplication or contradiction, the Strategy will take on a 'signposting' function and include links to other relevant strategies, documentation and workstreams already in place within partner organisations. This would also support citizens having a single source of key/current Mental Health related information produced by partners.

Key Priorities

4. It is proposed that the new Strategy will include a number of Key Priority areas, but in an attempt to try and keep the Strategy concise and focussed, especially in terms of any associated Action Plan, these have initially been collated into 6 sub-groups (currently in no particular order), as follows:
 - a. **Sub-Group 1**
 - i. **Inequalities** (patient population, employment, housing, poverty, dual diagnosis [LD/ASC/PD])
 - ii. **Reduce Stigma & Discrimination**
 - b. **Sub-Group 2**
 - i. **Parity between Physical and Mental Health** (integration/single pathway/holistic approach)
 - c. **Sub-Group 3**
 - i. **Promote/Prevent/Early Intervention** (close to home)
 - ii. **Recovery** (least restrictive, maximise independence, community based [incl reintegration], rehabilitation, social inclusion)
 - iii. **5 ways to wellbeing** (Public Health – connect; be active; take notice; learn; give - mentally healthy communities, neighbourhoods)

- iv. **Crisis Support & Liaison** (pre/post; timely; community based; A&E; 7 day)
- v. **IAPT/Talking Therapies**
- vi. **IAG** (innovate/digital); **Choice; Personal Responsibility; Training; Education; Users as partners/experts by experience**

- d. **Sub-Group 4**
 - i. **Suicide Prevention**

- e. **Sub-Group 5**
 - i. **CYP/Transition/Life Course/Think Family**
 - ii. **Perinatal anxiety/depression**

- f. **Sub-Group 6**
 - i. **Older People/Living Well (and longer) with Dementia and early onset/Frailty**